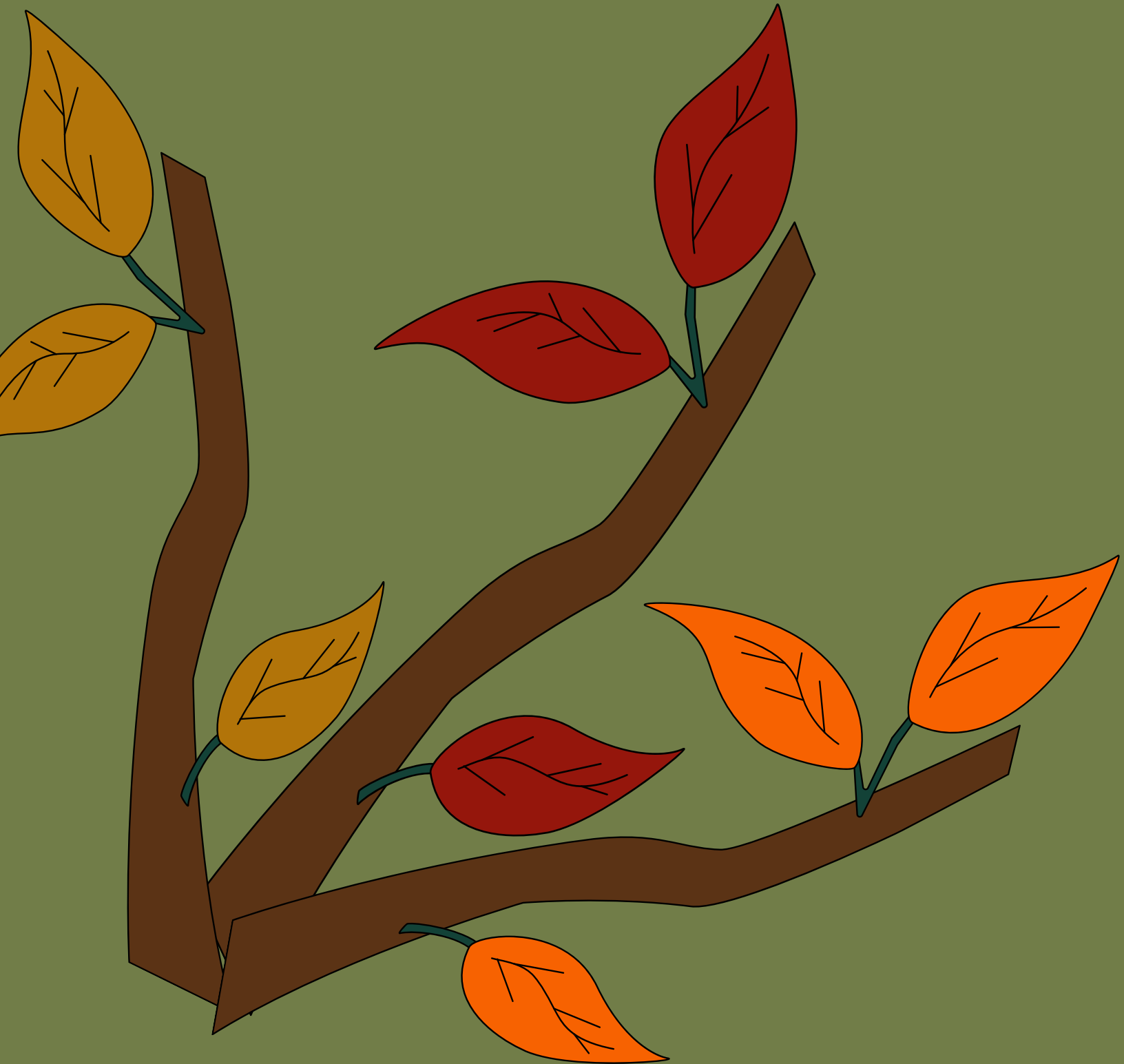


Autumn Leaves of Release

What am I ready to release with gratitude this season?

Write one thing you're ready to release on each leaf.

"Not every branch was meant to carry every leaf forever."



What Matters Most This Season

As you let go of what no longer serves you, what do you want to make room for?

Write a few simple things that matter most in this season of your life.

 **Family** – *Who or what needs more of my attention?*

 **Home** – *What rhythms make our home feel peaceful?*

 **Faith** – *How can I draw closer to God this season?*

 **Rest** – *Where am I being invited to slow down?*

Gentle Autumn Series • Gentle Family Living

Ecclesiastes 3:1

"There is a time for everything, and a season for every activity under the heavens."