

Finding Peace in the Everyday

Gentle Rhythms, Grace & Savoring the Season

What does a peaceful home feel like to me in this season?

Where can I release the pressure to be perfect and embrace more grace?

What simple moment of joy do I want to slow down and savor this autumn?

Scripture for Reflection

"You will keep in perfect peace those whose minds are steadfast,
because they trust in You."

Isaiah 26:3

How is God inviting me to find peace in the ordinary rhythms of this season?
