Autumn Reflections

Gentle Family Living

A seasonal companion for slowing down, noticing beauty, and embracing the rhythms of autumn.



Autumn invites us to slow down.
As the leaves change and the days grow shorter, this journal is a place to reflect, notice beauty, embrace the season you're in, and draw closer to God in the ordinary moments of family life.

Each page accompanies a post in the Gentle Autumn Series and offers space to pause, reflect, and record the gifts of this season.

Name:

Autumn 2026

The First Days of Fall

Letting Go, Beginning Again & Seeing Beauty in the Shift

What am I ready to leave behind this season?

What fresh beginning is unfolding in my life?

Beauty I'm Noticing Right Now:

🍂 Scripture for Reflection

"See, I amdoinganewthing!Now it springs up; do you not perceive it?"
Isaiah 43:19

As you enter this season, where do you see God doing a new thing in your life?
